

Osakis Strength & Fitness Pump 7 Run 5K Registration Form
Saturday, Oct 15, 2011

Name _____

Address _____

Phone _____ email _____@_____

Age on 10/15 _____ Gender M F T-shirt size S M L XL XXL

Pump & Run **5K only**

WAIVER. In consideration of the acceptance of this registration entry, I, the undersigned, assume full and complete responsibility for any injury or accident that may occur while participating in this event or when on the premises of this event. I hereby release and hold harmless the race organizer, sponsors, and all other persons from any and all claims for injury or damage arising from entrant's participation in this event. I assume all risks associated with participation in this event. Fees are non-refundable.

I have read the above and agree by signing.

Signature
(by parent or guardian if
participant is under 18) _____

MAIL ENTRY FORM WITH \$25.00 TO:

Osakis Strength & Fitness
PO Box 1
Osakis, MN 56360

Make check payable to **Osakis Strength & Fitness**